

Prosthetic Shrinker Wearing Instructions



A shrinker is an elastic garment used to decrease or maintain the volume and assist in shaping of a residual limb after amputation.



Keep the shrinker sock pulled flat and smooth. Don't let it bunch or wrinkle.

Stretch out the shrinker to encompass the end of the residual limb

Pull the shrinker up onto the limb, making sure not to have any wrinkles. It should be comfortably snug and pulled up over your knee.

Wear your shrinker whenever you do not have your prosthesis on

Take off your shrinker several times a day and check your skin for any redness. If redness persists more than 10 minutes or sore areas develop discontinue use and consult your Prosthetist or Physician

Wash with mild detergent by hand or on the gentle cycle of the washing machine. Line dry or tumble dry on the delicate cycle of your dryer.



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